

NOURISH PEPTIDE

In an effort to optimize our formulas and continue to provide the highest quality nourishment possible, Nourish Peptide has an updated formulation. This updated formulation is currently transitioning in the market over the next 3 months.

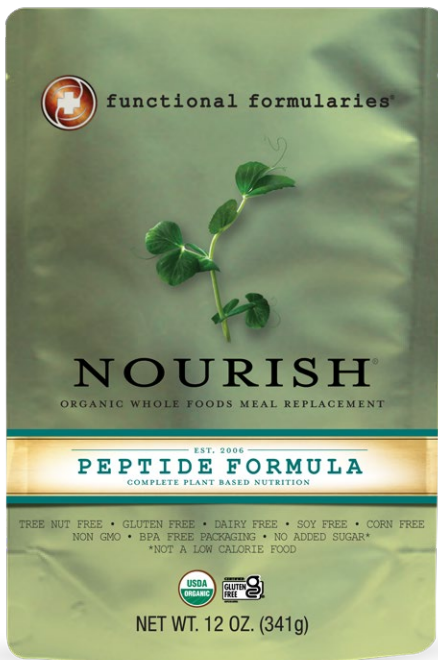
As a result, there has been a change to the iron quantity:

- **Iron** went from 5 mg to 3.5 mg per pouch

There were also slight changes in other vitamins and minerals. Please refer to the chart for more detailed information on these changes. Three pouches of Nourish Peptide a day still meets or exceeds 100% of the DRI for 26 key vitamins and minerals for children ages 4-8 years old.

Our carefully chosen ingredients in Nourish Peptide have stayed the same and no ingredients have been added or removed. The allergen profile remains unchanged.

Please refer to our website for more information or contact us at questions@functionalformularies.com.



NUTRIENTS	OLD	NEW
	Long Nutritionals 12 oz Per Serving (341 g/340-355mL*)	Long Nutritionals 12 oz Per Serving (341 g/340-355mL*)
Caloric Density, kcal/mL	1.46	1.46
Calories	520	520
Protein, % kcal	14	13
Protein, g	17	17
Carbohydrate, % kcal	25	32
Carbohydrate, g	41	41
Fat, % kcal	61	55
Fat, g	34	34
Dietary Fiber, g	10	10
Soluble Fiber, g	2	7
Insoluble Fiber, g	8	3
Osmolality mOsm/kg H2O	460	460
Water, g/mL/cc	242	250
VITAMINS		
Vitamin A, RAEs (mixed carotenoids) mcg	407	451
Vitamin B1 - Thiamin, mg	0.2	0.43
Vitamin B2 - Riboflavin, mg	0.27	0.38
Vitamin B3 - Niacin, mg	3.08	4.55
Vitamin B5 - Pantothenic Acid, mg	1.93	2.4
Vitamin B6 - Pyridoxine, mg	0.31	0.41
Vitamin B12 - Cobalamin, mcg	0.7	1.26
Vitamin C, mg	39	59
Vitamin D, IU	280	280
Vitamin E - Mixed Tocopherols, IU	8.3	6.5
Folate, mcg	108	70
Vitamin K, mcg	41	29.5
Biotin, mcg	7.96	11
Choline, mg	89	130
MINERALS		
Calcium, mg	410	410
Chromium, mcg	5.58	9
Copper, mg	0.32	0.33
Iodine, mcg	53	55
Iron, mg	5	3.5
Manganese, mg	1.3	1.04
Magnesium, mg	92.2	80
Phosphorus, mg	289.1	360
Potassium, mg	780	780
Selenium, mcg	10	10
Sodium, mg	460	460
Zinc, mg	2.59	2.7
POLYUNSATURATED FAT		
Omega-3 Fatty Acid, mg	4600	4600
Omega-6 Fatty Acid, mg	1970	2000

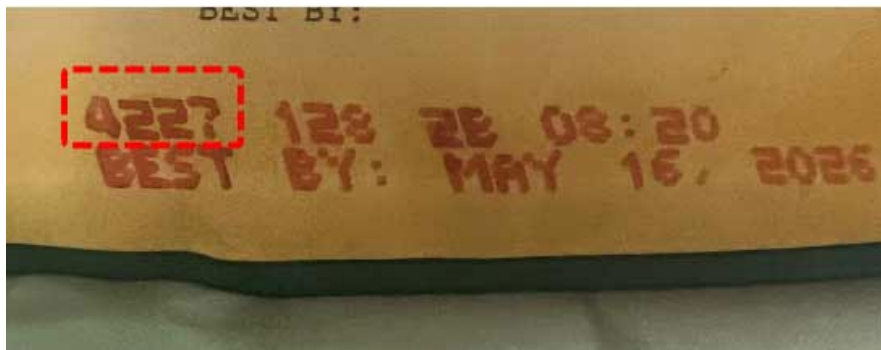
*mL range is give due to the volume being effected by viscosity, altitude and temperature. For the most accurate measurments please use the grams listed. All nutritional information contained herein is calculated using a 341/per pouch gram weight measurement.

LOT CODE IDENTIFICATION

To indicate whether you received the OLD or NEW formulation, please refer to the LOT code on the back of the pouch:

- If the LOT code on your pouch is **below 4227**, you have received the **OLD formulation**.
- If the LOT code on your pouch is **4227 or higher** you have received the **NEW formulation**.

*LOT codes can be found on the back of the pouch near the bottom. The highlighted 4 numbers indicate your LOT code.



functional formularies®
— LET FOOD BE THY MEDICINE® —

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